



EXPERIENCE
YOUR HEALTH PLAN
TO THE FULLEST

Be your happiest and healthiest self by taking advantage of all your plan benefits

Relax. You're covered with Blue Cross and Blue Shield of Alabama. With all the benefits included in your health plan, it's easier than ever to prioritize healthy living. We cover what matters so you can stay in good health and enjoy life with your family and friends.



Earn a \$25 gift card

Earn a reward by completing an online Health Assessment and getting a checkup.



Get exclusive deals & discounts

Stay healthy for less with Blue365® and get special offers on everything from gym memberships to personal care products.



See a doctor from home

Receive a diagnosis, treatment and prescriptions from a licensed physician through phone or video consultation with Teladoc™.



Find what you need

Order ID cards, view your deductible balance, check the status of a claim, find a doctor and so much more with myBlueCross.



Alabama Blue



Baby Yourself®

Download our mobile apps

Manage your health plan on the go with Alabama Blue, or manage your pregnancy week by week with Baby Yourself®, available on the App Store or Google Play™.

Learn more about the great benefits included with your plan at [AlabamaBlue.com/Benefits](https://alabamablue.com/benefits).



OR SCAN

The Blue365 program is brought to you by the Blue Cross and Blue Shield Association, an association of independent, locally operated companies, which includes Blue Cross and Blue Shield of Alabama.

Teladoc Inc. is an independent company providing teleconsultation services to eligible members on behalf of Blue Cross and Blue Shield of Alabama.



BlueCross BlueShield
of Alabama

We cover what matters.