

We cover what matters.

Look what's included in your insurance plan!

FREE tools and resources for a healthier you.



Learn more at AlabamaBlue.com/MyPlanBenefits
or scan this code with your phone.

myBlueCross

An enhanced, user-friendly web portal that lets you review claims and deductibles, find doctors and get helpful information, 24/7.

FREE mobile apps that help you stay healthy

Download our better-than-ever apps on the App Store or Google Play™ (search for “**BCBS Alabama**”).



Alabama Blue



myRx Planner



Health Handbook



Baby Yourself®

Earn a **\$25 gift card:**

- 1 Sign up or log in to **myBlueCross**
- 2 Complete a preventive office visit
- 3 And take the **HealthQuotient® (HQ)** quiz or complete one of the six **My Health Assistant™** programs.

Blue365 discounts

Sign up and save on products and services that support a healthy lifestyle, such as gym memberships, health programs, exercise equipment and more.